

HOKA HALF

BY TOTALSPORTS

5KM - 10KM - 21.1KM



Join Us for the HOKA HALF Runfest!

STELLIES! EXPERIENCE SOUTH AFRICA'S MOST ELECTRIFYING RUNFEST!

Whether you're aiming for a personal best or a fun day out, this event promises excitement for runners and spectators alike

15 NOVEMBER 2025

Eikestad Primary School



RULES AND GENERAL INFORMATION

1. The HOKA Half RunFest is run in accordance with the rules of ASA and Boland Athletics.
2. The HOKA Half RunFest 21.1km and 10km is open to all licensed and unlicensed runners of 14 years and older for the 10km and 16 years and older for the 21.1km.
3. Official event race number to be worn on the front. Registered athletes must wear their ASA licenses on the front and back of their vest. The race number must be worn on the front of the vest, partially covering the ASA license, so that the ASA license sponsor remains visible. Temporary licensed runners must wear the race number on the front of their vest and the temporary license on the back.
4. Temporary licensed participants are eligible for age category prizes provided they enter the relevant age group, wear the appropriate age tags and provide proof of age.
5. Unlicensed runners event race number to be worn on the front and the temporary license number on the back.
6. Personal seconding is not permitted except at official refreshment stations. Private vehicles are requested not to follow the athletes on the route.
7. In addition to overall (Open) prizes, participants will only be eligible for an age category prize in the age category they enter. Corresponding numerical age category tags must be worn on the front and back of their club vest. Participants may enter the age category corresponding to their chronological age or any younger category up to senior.
8. Proof of age is required for category prizes.
9. Juniors wearing a junior or a senior license must wear an age category tag to qualify for age group prizes.
10. Each race distance has a different race number range and colour with your data captured electronically. Do not transfer between races without notifying the race organisers.
11. When entering, please note that an administration fee is charged.

12. All traffic officers and marshals must be obeyed.
13. The race organisers reserve the right to accept or reject any entry.
14. Foreign athletes must comply with IAAF rule 4.2 and all relevant race and domestic rules. The athletes must be able to produce the letter from his/her federation permitting participation on race day.
15. Kilometer markers will be placed at each kilometer mark.
16. Refreshment stations will be situated approximately every 3 – 4km along the route.
17. Medals will be handed to all finishers.
18. Toilets will be available at the start and finish.
19. 10km & 21.1km results will be available at www.hokahalf.co.za
20. The use of music players with headphones is not allowed and may result in disqualification.
21. Do not litter. Dispose of sachets and cups responsibly by using the boxes provided or carrying them to the Finish. Report offenders to the referees.
22. Wheelchair athletes must please contact the organisers timeously to discuss arrangements for their participation.
23. No ambush marketing.
24. There will be shower facilities at the venue.

RULES AND GENERAL INFORMATION

LICENSED ATHLETES

1. All entrants for the 10km and 21.1km events must have a valid 2025 license number, which must be worn on the front and back of the running vest. The race number issued by the organisers must be worn on the front of the running vest without obscuring the sponsor's detail on the license number.
2. According to Circular 41 of ASA 2025.
2025 licenses are valid for both permanent and temporary licenses.

UNLICENSED ATHLETES

Unlicensed 21.1km and 10km athletes must purchase a temporary license number. The temporary license for 2025 is R80 (10km) & R95 (21.1km). Athletes must wear this number on the back of the running vest and the race number issued by the organisers on the front of the vest.

CHIP TIMING

A timing chip will be attached to the front of the 21.1km and 10km race numbers which must not be removed or damaged. The timing chip must be visible when crossing the mats at the finish line. The entry form and race number information are linked to the timing chip.

No Chip, no results.

PRIZE GIVING

Prize giving for the 21.1km Open podium finishers will take place at 11:00 on the main stage. For the 10km and all other category and age winners, it will take place in a separate ceremony at 10:00 inside the Hospitality Area.

RESULTS

Results will be available at www.hokahalf.co.za

TOG BAGS

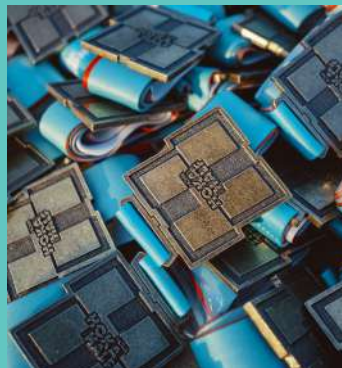
There will be a tog bag facility for use at the athlete's own risk in a dedicated area which will be announced closer to race day. Cell phones, money & jewellery are not to be left in tog bags. No bag tag, no bag. Tog bags must be collected by 11:00.

GENERAL

- The 21.1km and 10km routes are single-lap routes. Distance markers are displayed every km.
- Refreshment stations are approximately 3km apart. Dispose of cups and water sachets in the recycling bins at the refreshment stations.
- Medical support is provided along routes and at the venue.
- Fast foods and refreshments are on sale at the venue.
- Only official and accredited vehicles can park at the Finish
- No club tents or setups will be permitted at the venue.
- The entry fee is non-refundable.
- Toilet facilities will be available at the start and at the venue.

PRICING

- HOKA HALF 21.1km - R399 excl temp license.** Entry includes exclusive HOKA Half merchandise, a R1000 HOKA shoe voucher, a goodie bag, a timing chip, a HOKA Half Medal and access to the HOKA Half RunFest
- HALF A HALF 10km - R299 excl temp license.** Entry includes exclusive HOKA Half merchandise, a R1000 HOKA shoe voucher, a goodie bag, a timing chip, a HOKA Half Medal and access to the HOKA Half RunFest
- FUN RUN 5km - R199** Entry includes a R1000 HOKA shoe voucher, a goodie bag, a HOKA Half Medal and access to the HOKA Half RunFest
- Note: Temporary license fees are an additional R80 (10km) & R95 (21.1km) and required for participants without a valid ASA License.



PRIZE MONEY

21.1 KM (MEN & WOMEN)

Position	Open	40-49yrs	50-59yrs	60-69yrs	70-79yrs	80+	Juniors
1st	R 2000	R 500	R 400	R 200	R 200	R 200	R 200
2nd	R 1500	R 400	R 300	N/A	N/A	N/A	N/A
3rd	R 1000	R 300	R 200	N/A	N/A	N/A	N/A
4th	R 500	N/A	N/A	N/A	N/A	N/A	N/A
5th	R 400	N/A	N/A	N/A	N/A	N/A	N/A

10 KM (MEN & WOMEN)

Position	Open	40-49yrs	50-59yrs	60-69yrs	70-79yrs	Junior
1st	R 500	R 300	R 200	R 200	R 200	R 100
2nd	R 300	R 200	R 100	N/A	N/A	N/A
3rd	R 200	N/A	N/A	N/A	N/A	N/A

EVENT SCHEDULE

Visit www.hokahalf.co.za for full event schedule



5K - FUNRUN

**07:15 AM
START**



10K - HALF a HALF

**07:00 AM
START**



21,1K - HOKA HALF

**06:30 AM
START**

Start times may be adjusted once batching is implemented to ensure smooth flow and safety on the route

ENTRY INSTRUCTIONS

- Pre-entries close on 2 November 2025 at 23:59 or when sold out and can only be online at www.hokahalf.co.za
- No on the day entries available

RACE NUMBER & GOODIE BAG COLLECTION

Race numbers and temporary license numbers (if applicable) should be collected on the following days at the respective locations:

- Thursday, 13 November 2025, 12:00 - 18:00, Laerskool Eikestad.
- Friday, 14 November 2025, 12:00 - 18:00, Laerskool Eikestad.
- No late or on the day collection.



HOKA ||||| ||||| HALF BY TOTALSPORTS

FOR ENQUIRIES, CONTACT
INFO@HOKAHALF.CO.ZA

